

Aims of your organisation:

Newham NDP has a 7 year track record of successful community engagement work. The charity has established a community involvement programme in Canning Town and Custom House. It has a 4 year record of working strategically across the borough with local community groups to develop a number of effective community outreach initiatives that are having a big impact

Newham NDP works locally and strategically across Newham; its vision is of proactive and creative communities without barriers where everyone is able to fulfill their potential and live in dignity. Our aim is to be agents of community cohesion and transformation through advice, training, employment and the arts. We transform lives, inspire communities and provide platforms and centres, which enrich our societies and stimulate people from all of the diverse communities in Newham

Main activities of your organisation:**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?

Summary of grant request

The Steering Group includes beneficiaries, volunteers, a social worker, a psychologist and an O.T. in Dementia Services. Consultation with 45 agencies has shown that too many people feel unsupported and isolated in their roles caring for partners and relatives with Alzheimer's and dementia. Newham has a high proportion of older people who stay behind once their younger relatives move on. Each year in the borough c.2,000 people receive social care services because of mental health conditions, including dementia. There are over 670,000 people in the UK acting as the primary carers for people with dementia. Many face financial hardship, often forced to give up work and pay high care bills from limited incomes. Two thirds of older carers have long-term health problems or a disability themselves. Newham NDP has been providing the Good Neighbours Service since 2012 and most referrals come from Newham's Adult Services and the NHS Mental Health Trust (Memory Services). The Service provides befriending, practical or other support to over 350 people in their homes, sheltered accommodation and community spaces. Over 40% of those befriended have some level of dementia. Over 70 trained volunteers provide the Service and having the resources to recruit and train additional volunteers would enable expansion to meet demand.

A grant will enable us to build on the existing activities including a project using tablet computers to enhance the memory skills of older people with dementia. We also plan to provide a dedicated package of support to older carers. A grant would be used to support the management and administration of the Service. One objective will be to provide the Service to an additional 120 older people with dementia and their carers living throughout Newham. We also want to train at least a further 12 volunteers each year for the next three years to deliver the Service. Support for older carers will include improved access to healthcare services, advice about disability benefits and respite care and befriending support through regular home visits.

The project will help Newham residents age more healthily and build resilience to cope with the ageing process. It will enable residents to recognise and act upon the early signs of dementia for themselves or for others. The project will encourage more residents to support their relatives, friends and neighbours who have Alzheimer's and dementia. Support will enable older people to have positive choices, control over their lives and to retain as much independence as possible for as long as possible. Each year the Service will expand to work with a further 40 people with dementia and by the end of three years we will be supporting 550 people. Our volunteer team will be boosted by an additional 12 trained volunteers each year. We will support 30 older carers of people with dementia each year.

Newham NDP has a 7 year track record of successful community engagement work including effective community outreach initiatives that are having a big impact. The Good Neighbours Service has achieved Approved Provider Standard (Mentoring & Befriending Foundation).

The Service will meet the theme of Older Londoners through activities supporting people mostly over 75 years of age. They will be older people with dementia and their carers with a high proportion of them being older carers. An outcome will be to improve mental health and ensure that people are encouraged to live healthier lives..

Newham NDP's activities are led by service users and that they are actively involved in the design and delivery of all projects. Volunteers are the bedrock of the charity and are the main way in which services are delivered.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Approved Provider Standard (Mentoring & Befriending Foundation)

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The Service will expand to work with a further 40 people with dementia and their carers each year -- 120 in total. By the end of the three years the aim will be to be supporting 550 people living across Newham with practical support and befriending activities

Provide information and advice on dementia to the befriended and families including welfare benefits and respite care through regular home visits and helping people attend social activities in the community

The team of c.75 volunteers will be boosted by an additional 12 trained volunteers each year. By the end of the three years the Service will aim to have 115 trained volunteers working on the project.

Progress unemployed volunteers who are keen to improve social care and IT skills into paid employment and study.

Tailored support for older carers of people with dementia will be designed to work with at least 30 people each year. The Service will support over 90 older carers over the three years.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Assist Newham residents age more healthily and build resilience to cope with the ageing process by enabling residents to recognise and act upon the early signs of dementia for themselves or for others

Encourage more residents to support their relatives, friends, neighbours and other community members who have Alzheimer's and dementia by volunteers building networks of individuals in local communities willing to support the befriending activities

Enable older people with dementia and their carers to have positive choices, control over their lives and to retain as much independence as possible for as long as possible.

Ensure that those with dementia and older carers are made aware of the positive opportunities that exist locally to improve their mental health and wellbeing

Provide positive opportunities for unemployed volunteers to learn skills that can be a bridge into paid employment in the social care sector

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

In which Greater London borough(s) or areas of London will your beneficiaries live?

Newham (100%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

51-60%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	28,450	28,450	29,304	86,204
Volunteer Costs	5,200	5,356	5,517	16,073
Promotions	1,540	770	793	3,103
Travel	2,704	2,758	2,813	8,275
Evaluation	875	875	875	2,625
Supervision	1,800	1,836	1,873	5,509
Management & Admin	6,085	6,007	6,176	18,268

TOTAL:	46,654	46,052	47,350	140,057
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smiths Charities	8,500	0	0	8,500
Lloyds Bank Foundation	8,125	0	0	8,125
Other Trusts	1,000	0	0	1,000

TOTAL:	17,625	0	0	17,625
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Henry Smiths Charities	0	15,000	15,000	30,000

TOTAL:	0	15,000	15,000	30,000
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	21,915	21,993	21,824	65,732
Management & Admin	6,085	6,007	6,176	18,268

TOTAL:	28,000	28,000	28,000	84,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: 31 st MARCH	Year: 2013
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Income received from:	£
Voluntary income	500
Activities for generating funds	246,710
Investment income	4,578
Income from charitable activities	506,270
Other sources	0
Total Income:	758,058

Expenditure:	£
Charitable activities	522,587
Governance costs	12,947
Cost of generating funds	296
Other	0
Total Expenditure:	535,830
Net (deficit)/surplus:	222,228
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	247,688
Long-term liabilities	0
*Total Assets (A):	247,688

Reserves at year end	£
Restricted funds	310
Endowment Funds	0
Unrestricted funds	247,378
*Total Reserves (B):	247,688

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)		0	
London Local Authorities	234,140	234,050	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Henry Smith Charity	0	17,000	17,000
Lloyds Bank Foundation	1,667	0	16,250
Arts Council	0	6,930	29,000
Lottery	2,718	12,338	15,000
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Fiona Baird**

Role within
Organisation: